

# MILLIE'S

BEACH BAR & RESTAURANT



## SEAFOOD

*Indulge in an exquisite array of seafood, meticulously prepared through expert grilling or frying techniques to achieve perfection.*

## OUR STORY

*Sourced from Zampa Fish, an esteemed wholesaler with 125 years of expertise, offering oceanic treasures.*

*Pre-order your favourite catch Monday to Friday for a tailored dining experience at Millie's – where every bite exudes sophistication and freshness.*



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### Small Plates

## £9 EACH

Can't decide? Combine our variety of small plates to satisfy your appetite!

#### Fried Chicken Goujons

Served with sweet chilli dip

#### Butterfly King Prawns

Marinated in garlic, chilli, lime & herbs

#### Wholetail Scampi

With homemade tartar sauce

#### Halloumi Fries

Served with sweet chilli dip

#### Cheesy Nachos

Serves two people +

#### Grilled Steak Fillet Tails

Served with peppercorn sauce

#### Salt & Pepper Squid

With homemade tartar sauce

#### Cod Bites

With homemade tartar sauce

#### Hummus & Pitta Bread

With a pinch of paprika & olive oil

#### Olives and Feta Cheese

Marinated in olive oil & herbs

#### Grilled Monkfish

Marinated in honey & mustard

#### Whitebait

With homemade tartar sauce

#### Prawn cocktail

Served in a light Marie rose sauce

#### Creamy Garlic Mushrooms

With pitta bread

#### Scallops & Feta Cheese

Served with pitta bread, chilli & lime butter

## SALADS

Crispy and crunchy, just like a fresh salad should be.

#### Prawns in Marie Rose sauce

Served cold with honey mustard dressing

£ 14.00

#### Hot Smoked Salmon

A rich and flavorful salad with hot smoked salmon and creamy mayo, slightly salty for a bold taste.

£ 12.00

#### Chicken & Bacon

With Caesar salad dressing

£ 14.00

#### Halloumi

With Caesar salad dressing

£ 12.00

## SIDES

#### Chips

£ 5.00

#### Cheesy Chips

£ 6.00

#### Cheese & Bacon Chips

£ 7.00

#### New Potato

£ 4.50

#### Sweet Potato Fries

£ 6.00

#### Onion Rings

£ 8.50

## Food Preparation & Wait Time Disclaimer

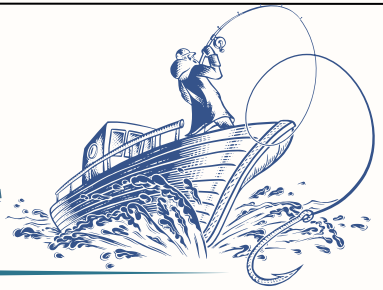
**During peak times and for larger groups, wait times may vary. Please be advised:**

- Standard Wait Time: A minimum of 20 minutes for all orders.
- Peak Times: Expect wait times of up to 35 minutes due to high demand.
- Large Groups (6+ Guests): Orders may take 45 minutes or more during busy periods, as we prepare all meals fresh and aim to serve your table together.



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### FRIED SEAFOOD

Experience the taste of the seaside with our traditional dishes, expertly coated in our signature golden batter.

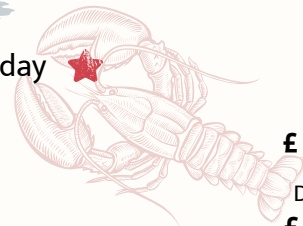
Peterhead, Cod (Small)	£ 14.95	Peterhead, Cod (Large)	£ 17.95
Wholetail Scampi	£ 16.95	Jumbo Haddock	£ 17.95
Plant-based Fish Fillet 	£ 15.95	Skate Wing	£ 19.95

All served with chips, homemade tartar sauce, mushy or garden peas.

### GRILLED SEAFOOD

★ Pre-order your favourite catch Monday to Friday ★

Peterhead, Cod	£ 18.00	Jumbo Haddock	£ 18.00
Sea Bass Fillet	Single £ 15.00	Sea Bass Fillet	Double £ 20.00



All served with peas and a choice of either chips, new potatoes or salad.

Select your choice of sauce

★ Burnt butter & black pepper

★ Garlic & butter sauce

★ Chilli & lime sauce

### GRILLED MEATS

Sirloin Steak 10oz With garden peas & peppercorn sauce	£ 22.00	Korean Fried Chicken Tenders With house slaw & garnish salad	£ 15.00
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All served with a choice of chips, new potatoes, rice or salad.

### £14.50 EACH

#### MEAT BURGERS

##### Beef Burger

+ BBQ Bacon £2.50

##### Chicken Burger

+ BBQ Bacon £2.50

#### MOVING MOUNTAINS

##### Vegan Fish Burger

Chips, salad & onion rings

##### Vegan Beef Burger

Chips, salad & onion rings

#### FISH BURGERS

##### Fish Burger

Tartar sauce

##### Monkfish Burger

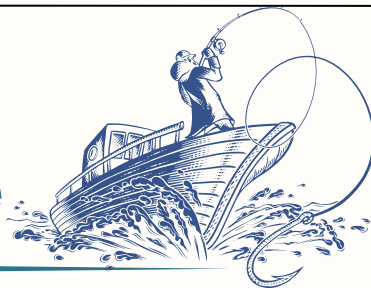
Tartar sauce

All served with chips, salad, house slaw & onion rings.



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### TOASTED PANINIS

Enjoy the ultimate hot snack experience with our delicious combinations.

Ham & Cheese	£ 10.00	Chicken & Cheese	£ 10.00
Cheese & Tomato	£ 9.00	Tuna Melt	£ 9.00

Served with salad, house slaw & tortilla chips.

### JACKET POTATOES

Indulge in the classic comfort of local oven-baked potatoes, topped with your choice of delicious fillings.

Prawn & Marie Rose sauce	£ 10.00	Hot Smoked Salmon	£ 10.00
		Creamy mayo, slightly salty for a bold taste.	
Baked Beans & Cheese	£ 8.50	Tuna Mayo	£ 8.50

Served with salad, house slaw & tortilla chips.

### KIDS MEALS

Smaller portions, big taste! Pleasing our youngest eaters with great flavors, available for children 12 and under.

Beef Burger	£ 9.95	Chicken Nuggets	£ 7.95
Cod bites	£ 6.95	Cumberland Sausage	£ 7.95

Served with chips, peas or beans

### SIDES

Chips	£ 5.00	Cheesy Chips	£ 6.00	Cheese & Bacon Chips	£ 7.00
Rice	£ 4.50	New Potato	£ 4.50	Sweet Potato Fries	£ 6.00

## DESSERTS

*Please see our chalkboard for today's delicious selection*

Our chefs are unable to make changes to the listed menu items. However, if you need to avoid certain products, please inform us and we will provide gluten-free or other substitutions where possible.

**Allergen Information:** We maintain the highest standards in our kitchen, where nuts, gluten, and other food allergens are present during food preparation. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please speak to a member of our team, and we will do our very best to accommodate you.